



## The Elevator Project has been Completed! Thank you for your patience.

### WHITTIER PLACE News

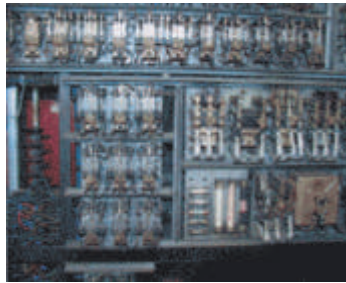
#### Inside this issue:

Halloween Bash	2
Vacation Precaution	2
Renovations	2
Joe Howard Retires	3
West End Council	3
Condo Coupons	5
Health Club Corner	6

#### Board of Trustees

- \* Henry Chace
- \* Bill Fazzano
- \* Edward Ford
- \* William Galatas
- \* Ivy A. Turner
- \* Alex Trombetta
- \* Susan Witkie

Trustee Meetings are held on the first Thursday of each month @ 6:00pm



Original Relay Logic Controllers

After nine months of intense work, Delta-Beckwith has completed the renovations on the elevators at Six and Eight Whittier Place.



Original DC Motor Generator Set

The majority of the work that was done is not vis-



Original Otis Pie Plate Selector

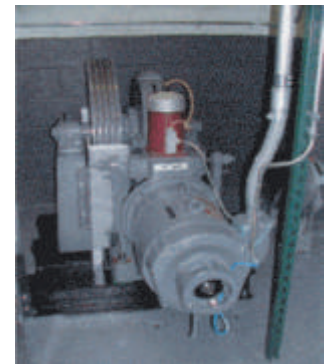
ible, because it was not performed inside the elevator cars. Extensive work was done to update the wiring and the mechanics of the elevators. The machine rooms in the penthouses of Six and Eight Whittier have been completely modernized. All of the elevators are now controlled by a central computer system. All of the motors, travel cables, and control dampers were replaced.

However, there are many improvements that are readily apparent. The display panels above the elevators are now computerized. They indicate what floor each elevator is on and if the freight elevator is being utilized for a move. The elevators now have the capability to go both up and down from every floor, where previously you had to take the elevator down to the lobby in order to go up to one of the floors above your own. The Braille tags on the side of each elevator are being updated. New call button plates have been installed on every floor. Finally, and most noticeably, the elevators now run quietly and much more efficiently than before. The new elevators are more energy efficient which will save money on energy costs. They are also much less



Upgraded Microprocessor Controller

costs. They are also much less likely to break down. Take a moment to notice the difference next time you ride one of the elevators.



Upgraded AC Motor and Drive



New Eight Whittier Machine Room

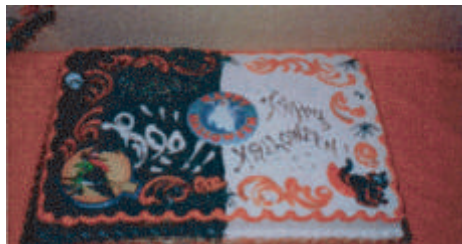
## Another Fabulous Halloween Party...

On October 27th, the Whittier Place Social Committee threw one of their most successful Halloween parties to date. Exhaustion from staying up to



watch the Red Sox, did not keep residents from partaking in the festivities at the annual Halloween Party.

Many residents, both



young and old, embraced the holiday spirit by dressing in creative costumes for the party.

J. Pace's and Son's out did themselves, providing delightful refreshments, including the beautifully decorated cake pictured above. The social

committee puts an incredible amount of thought and work into their gatherings. Whittier Place is very lucky to have such a talented group willing to donate their time and effort.



## Energy Conservation Program

Due to the ever rising cost of our utilities, we are starting an Energy Conservation program to assist in lowering the usage of all utilities that are paid for out of the operating account. We will be sending out fliers with information on how you can assist us in lowering our overall consumption. If you have any specific ideas, please contact the Management Office. In the meantime, here are a few reminders that can help save on our water and sewer costs, and the cost to heat our

hot water.

- Turn off the tap while brushing your teeth or shaving (*saves 4-10 gallons per day*)
- Never use your toilet as a wastebasket (*saves 3-7 gallons per flush and avoids nasty clogs*)
- Run dishwashers only when full of adjust the water level setting
- Take shorter showers (*each minute can save 3-7 gallons*)
- Change worn out washers (*costs*

*pennies to replace but can waste water if not addressed*)

- Report running toilets to the Management Office right away

### Extended Vacations

If you are going to be away for a long time, it is a good idea to have someone run water in your sinks and flush the toilets to prevent the traps from drying out. Call the Office and we will have maintenance do this periodically while you are away.

## Are you thinking about renovating your Unit?

To avoid needless aggravation and delays in contractor work, make sure that all the necessary information is on file in the Management Office before your contractor's scheduled start date. Here is what you need to know if you are planning to have any work done in your unit. A contractor authorization form is necessary for all work being done in your unit. This includes everything from painting to entire unit renovations. It is the responsibility of the Unit Owner to fill out a contractor authorization form prior to contractor work beginning in the unit. These forms are available at your

concierge desks as well as in the Management Office.

Secondly, it is the responsibility of the contractor to provide the Management Office with his or her certificate of liability insurance. This certificate must list Whittier Place Condominium Trust as the Certificate holder. A contractor is not allowed to work in the building without providing his insurance.

Thirdly, to ensure that your contractor will be able to transport his or her supplies and debris properly, make sure to contact the Management Office to schedule the elevator when necessary. If it is more

convenient, have your contractor contact the Management Office directly to schedule elevator time.

Lastly, if you have a contractor that is unfamiliar with the building and its policies, it is always a good idea to ask the Management Office first before beginning work. This avoids possible mistakes that could end up costing your contractor time and you money.

## Joe Howard Retires after nearly 4 Decades of Service to CRP

Friday, October 8th, 2004 was a bittersweet day for many Whittier Place residents. This day marked the end of an era. Joe Howard, Whittier Place's beloved concierge, retired from his post at Six Whittier after nearly 40 years of faithful service to Charles River Park. On October 6th, the Trust threw Joe a fantastic Retirement party illustrating just how much he has meant to all the residents, especially the children of Charles River Park.



Over 75 people came to wish Joe good luck and to share in the cake and champagne that was served in celebration of all that Joe has done for Whittier Place. Acting Chairwoman of the Board, Susan Witkie, gave two heartfelt speeches and presented Joe with a plaque and gifts to commemorate his retirement. As she said, she had the unique experience of interacting with Joe as both a Trustee, and perhaps more importantly, as a mother able to leave her child at home knowing that if

there was ever a problem, Joe would be there to help in her absence.

Although Joe has retired as a concierge, he will be no stranger to Whittier Place. Joe is going to assist the Management Office on a part time basis.



## West End Council Update

The West End Council thoroughly explored the options available to them to prevent the Emerson Place Project from proceeding. As fiduciaries, they determined, upon advice of counsel, that it would not be financially prudent for them to assess unit owners and expend their monies for a protracted legal battle with a doubtful outcome, especially in today's pro-development environment.

However, they were able to accomplish the following:  
reduced the size of the buildings nearest Haw-

thorne and Whittier Place, thereby preserving existing view corridors, lowered the heights of Building A (along Blossom Street) from 23/16/13 stories to 11/8 stories and Building B (along Thoreau Path) from one massive building of 8 stories to 3 smaller buildings of 3 stories each, removed two stories off Building C (along Storrow Drive), and reduced the height, size, and roof coverage of mechanical equipment on the various buildings.

They also have negotiated an agree-

ment to have Equity restore, at its expense, the full length of Thoreau Path as an attractive pedestrian way, including new lighting. They have also worked with the Advisory Group and others to persuade the developer to put all parking spaces underground and remove all access and egress of the underground garage from Blossom Court. An additional 42,000 square feet of open space, available to all residents, will be added because of the garage change and most of the existing trees will be preserved as well as the addition of new ones.



## 2005 Condo Coupons

By now you have received the budget letter with your new condo fee insert. In theory, the new condo coupons for 2005 should be received before the 1st of January 2005.

In reality, the new condo coupons are not usually received until the first week of January, which causes confusion regarding how to send in January's condo fee.

You can do one of two things if you

have not received your condo coupons in time to pay your January fee. You can drop your check off at the Management Office and we will send it to the lock box for you. You can also send your payment directly to the lock box, making sure to include your unit number on the check.

The address of the lockbox is as follows:

Whittier Place  
C/o Barkan Management Company  
P.O. Box 51606  
Boston, MA 02205-1606

If you would like to avoid the hassle of sending a check in each month, you can elect to have your fee directly debited from your checking account. If this is something you would like to do, simply bring a voided check to the office.

## Whittier Place Condominium Trust

Six Whittier Place,  
Boston, MA 02114

Phone: 617-523-5676  
Fax: 617-523-5214  
Email: whittierplace@rcn.com

*"If you lived here, you'd be home  
now..."*

Save the Date!

Whittier Place Holiday Party

Wed., December 15th, 6:30pm-8:30pm

We're on the Web @  
Whittierplace.com

Take a minute to check out our new website!

### The Employee Holiday Fund

I would like to urge my fellow Whittier Place residents to give generously to the Whittier Place Employee Holiday Fund. This is the time of year to say thank you for the countless services our talented employees perform keeping Whittier Place clean, efficient, and safe.

We all are experiencing increased costs of living and the request for the Holiday Fund falls at a tough time. But, I urge you to be generous in recognition of another year of excellent performance on the part of our great team of employees.

The deadline for the Fund is December 16th. The drop box for contributions can be found in the Management Office at 6 Whittier, or you can leave your contributions with the desk addressed to Employee Holiday Fund C/o Amanda Wall, Assistant Property Manager.

Thank you very much and I wish you and everyone a very happy and safe holiday season.

Henry Chace

## Focus on Fitness From the Clubs at CRP

'Tis the Season to Stay Active  
The holidays can be a difficult time to follow a diet and exercise program. The celebrations lead us to eat and drink excessively and shopping suddenly becomes a substitute for exercise. This year doesn't have to be the same. With a little self-control, planning, and creativity you can keep those extra holiday pounds off and give yourself a head start into the New Year.

It is tempting to blow off your workouts as your schedule fills up with holiday preparations, parties, etc., but maintaining your activity level will actually help you get through this stressful time. Exercise helps the body cope with added stress and keeps your energy levels up for those marathon-shopping sessions. If you can't make it to the gym plan on doing whatever it takes to exercise- even if it means

exercising for less time each session. Use stairs instead of elevators/escalators, park farther away from the store, take a family walk, or build snowmen- whatever it takes! Any activity is always better than none.

Staying active is only half the battle. Controlling your eating is the other key component. If you use every party as an excuse to indulge you will surely pack on extra pounds. A little self-control will help you to make better decisions while faced with holiday goodies. One important thing you can do is to eat before you go. You are less likely to overeat when you are already full. Another helpful tip is to pick only one treat to indulge in (something you can only get during the holiday season). Skip the snacks you can get anytime like chips. One last but very

important tip is to limit your alcohol consumption. Alcohol is full of empty calories that add up quickly. Also watch out for the eggnog, which can have up to 350 calories a cup. Try having a glass of water or two between each drink.

The holidays are a time for family and fun, not for gaining extra weight. So remember to do three things this holiday season: 1. Have fun. 2. Stay active 3. Enjoy your favorite foods and beverages just do so in moderation. Happy Holidays!

- B y  
Danny  
Bur-  
p h y,  
CSCS

### Reminder:

**The Initiation Fee for  
joining the Club is  
waived for Residents of  
Whittier Place.**